



# Micro dermal Aftercare Instructions

Healing Time 4 to 6 weeks

1. On the first day leave the circle Band-Aid on all day and night.
2. The next day take the Band-Aid off until bedtime.
3. Make sure that you wear a circle Band-Aid to bed every night for the first two (2) weeks.
4. Wash Piercing with antibacterial soap and water every morning, night and sweat induced activities. Rinse thoroughly to remove all soap residue. Make sure the remove any plasma (crusty) matter from around your piercing.
5. Rinse and dry
6. Spray with **RECOVERY SALINE SPRAY** around the entire dermal several times a day. Let dry.
7. **DO NOT** play with the jewelry during the healing process.
8. **DO NOT** apply **ANY** makeup to or around the area until fully healed.
9. Be careful not to bump or catch jewelry.

Follow these instructions 2 times a day for 8 weeks and then twice a week for the lifetime of the piercing.

Take good care of your piercing! If you have any questions, feel free to call or stop by anytime.

**\*\*DO NOT USE ALCOHOL, PEROXIDE OR ANY OINTMENT AT ANYTIME!\*\***

**\*\*DO NOT CHANGE JEWELRY FOR 3 MONTHS!\*\***