



Genital Piercing (Men/Women)

Aftercare Instructions

Healing Time 1 to 3 Months

1. After urinating, wash piercing with antibacterial soap and water. Rinse thoroughly to remove all soap residue. Make sure to remove any plasma (crusty) matter from around your piercing and off the ring.
2. You can engage in sexual activity as soon as you feel ready for most cases.
3. Maintaining good hygiene and avoiding trauma are vital during all sexual activities. Keep in mind all sexual activities should be gentle during the healing process.
4. Make sure a barrier is used during all sexual activities, to avoid contact with your partners' body fluids, even in monogamous relationship. (I.e. condoms, dental dams, waterproof bandages). Infections can occur if you do not use a barrier.
5. Use disposable, clean barriers on all sex toys.
6. **DO NOT** use saliva as a lubricant. **ONLY** use a **NEW** container of water-base lubricant.
7. After any sexual activities, an additional cleaning or saline soak is suggested. If you chose the saline soak we recommend to spray with **RECOVERY SALINE SPRAY** around both sides of the piercing. Let dry.
8. Be careful not to bump or catch jewelry.
9. Keep in mind Genital Piercings- especially Prince Alberts, Ampallangs and Apadravyas- can bleed freely for the first few days. So **DO NOT** worry this is normal.

Follow these instructions 2 times a day for 8 weeks and then twice a week for the lifetime of the piercing.

Take good care of your piercing! If you have any questions, feel free to call or stop by anytime.

****DO NOT USE ALCOHOL, PEROXIDE OR ANY OINTMENT AT ANYTIME!****

****DO NOT CHANGE JEWELRY FOR 3 MONTHS!****